

Hotels

A peaceful night's rest is just one more way to add to your wellness journey. Enjoy the many hotel options available that will round out your relaxing getaway.

- 1 Best Western Plus Avita Suites
- 2 Bluestem Hotel, Ascend Hotel Collection
- 3 Courtyard Los Angeles Torrance/Palos Verdes
- 4 DoubleTree by Hilton Torrance – South Bay
- 5 Extended Stay America Los Angeles – Torrance Blvd.
- 6 Extended Stay America Los Angeles – Del Amo Circle
- 7 Howard Johnson Torrance
- 8 MC Pacific Inn & Suites
- 9 Miyako Hybrid Hotel Torrance
- 10 Ramada Torrance Hotel
- 11 Redac Gateway Hotel
- 12 Residence Inn Los Angeles Torrance/Redondo Beach
- 13 Sonesta ES Suites Torrance Redondo Beach
- 14 Sonesta Select Los Angeles Torrance South Bay
- 15 Torrance Marriott Redondo Beach



Find Your Wellness Way THROUGH TORRANCE

Wellness comes naturally in Torrance, where ocean breezes, lush parks and easy comforts create the perfect setting to reset and recharge. Explore our map and find your Zen place.

- 1 Del Amo Fashion Center**
 One of the largest malls in the U.S. with 250+ stores and endless opportunities for mood-boosting retail therapy.
3525 Carson St, Torrance, CA 90503
- 2 Destination: Art**
 A creative hub where art and wellness meet, offering classes, studio space and community events.
1815 W 213th St, Suite 135, Torrance, CA 90501
- 3 DuBunne Day Spa**
 A luxury retreat offering massages, hydrotherapy and indulgent spa rituals that feel like a mini-vacation.
23725 Arlington Ave, Torrance, CA 90501
- 4 El Prado Park**
 The city's very first park remains a timeless greenbelt for peaceful walks and fresh-air conversations.
3620 El Prado Ave, Torrance, CA 90505
- 5 Madrona Marsh Preserve and Nature Center**
 One of the last vernal freshwater marshes in L.A. County offering quiet trails and birdwatching.
3201 Plaza Del Amo, Torrance, CA 90503
- 6 Red Car Brewery & Restaurant**
 Torrance's original craft brewery offers house beers and comfort bites that make for a slow, social afternoon.
1266 Sartori Ave, Torrance, CA 90501
- 7 Torrance Beach**
 A 1.5-mile stretch of peaceful coastline where you can enjoy The Strand or just sink into the sand with a good book.
289 Paseo De La Playa, Torrance, CA 90505
- 8 Urban Plates**
 Seasonal, made-from-scratch dishes featuring clean proteins, fresh veggies and globally inspired flavors.
21503 Hawthorne Blvd, Torrance, CA 90503

Bring YOUR FRIENDS

Show your friends the Wellness Way and tag us in your social posts.



For more information, visit DiscoverTorrance.com or call 424.558.8014



Torrance has a California Welcome Center located in the Del Amo Fashion Center, Main Level, Entrance 1